

HAVE A BACK-UP PLAN

Use these tips to stay safe while driving in reverse:

- Get to know the vehicle's blind spots. Mirrors won't give you the entire view.
- Institute a guide system for backing vehicles in and out of service bays. Have an employee instructing the driver when to back up and when to stop. Agree on hand signals and make sure to use the vehicle mirrors. Stop immediately if you can't see the guide. If a guide is not available, use cones to block traffic from the backing area.
- Think in advance. Try to create a situation where the vehicle is always moving forward like a FedEx or UPS delivery truck.
- If you need to park in a tight space or alley, try to back into the spot so that you will move forward to re-enter traffic when you need to leave.
- Try to avoid backing up into traffic when at all possible.
- Know what is in your path of travel. Do a walk-around prior to backing up a vehicle. Check your clearance to the sides and overhead around the path your vehicle will travel.
- Try to back up and turn toward the driver's side of the vehicle, if possible. This will open up your sight line and allow the back of the vehicle to be viewed by looking out the side window.
- Try to reduce backing speeds, especially while backing out of service bays. The slower speed will give you a greater ability to stop and avoid an accident.
- Shut off the radio and open the window prior to backing. Use your horn to signal that you are backing up the vehicle.

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According to the National Safety Council, 1 out of 4 vehicle accidents can be blamed on poor backing techniques, and backing accidents are the cause of 500 deaths and 15,000 injuries per year.